



**SPIRITUAL FITNESS
TRAINING**



ADULT BIBLE FELLOWSHIP FALL SERIES 2004

DATE	TITLE	TEXT
Aug. 21/22	Spiritual Makeover	<i>1 Cor. 9:24-27; 1 Tim. 4:8-10</i>
Aug. 28/29	The Simple Life (Simplicity)	<i>Psalms 131:1-2; Matt. 10:9-10; Phil. 4:11-13</i>
Sept. 4/5	Extreme Sacrifice (Sacrifice)	<i>1 Sam. 15:22-23; Matt. 10:33-39</i>
Sept. 11/12	Practical Worship (Worship)	<i>Psalms 95:1-6</i>
Sept. 18/19	True Confession (Confession)	<i>James 5:16, 19-20; 1 John 1:7-10</i>
Sept. 25/26	Powerful Prayer (Prayer)	<i>Phil. 4:6-7; Psalm 55:16-17</i>

HOME FRONT SECURITY - Providing Spiritual Protection for Your Family

Special Family Emphasis During the Month of October

Oct. 2/3	Knowing the Enemy - (Part 1) <i>Movies, Media and the Mind</i>	<i>Rom. 8:5-10; Phil. 4:8</i>
Oct. 9/10	Knowing the Enemy - (Part 2) <i>Internet Sabotage</i>	<i>1 John 2:15-17</i>
Oct. 16/17	Righteous Relationships	<i>2 Cor. 6:14-18</i>
Oct. 23/24	Marriage Matters	<i>Gen. 2:18-25; Heb. 13:4; Eph. 5:21-24; Col. 3:18</i>
Oct. 30/31	Pro-active Parenting	<i>Deut. 6:1-12; Eph. 6:4</i>

Nov. 6/7	Fervent Fasting (Fasting)	<i>Isa. 58:3-5; Matt. 6:16-18</i>
Nov. 13/14	Selective Solitude (Solitude)	<i>Psalms 62:1; Matt. 6:5-6; Matt. 14:13, 23</i>
Nov. 20/21	Grow up in the Word (Bible Study)	<i>Rom. 12:1-2; 1 Peter 2:2</i>
Nov. 27/28	Serving Saints & Sinners (Service)	<i>1 Cor. 4:1-2, 12:1-7</i>
Dec. 4/5	Connecting in Community (Fellowship)	<i>Acts 2:42-47, 4:32-35</i>
Dec. 11/12	Divine Delivery (Witness)	<i>Acts 1:8, 4:20</i>
Dec. 18/19	Genuine Generosity (Generosity)	<i>2 Cor. 8:3-9, 9:6-8</i>
Dec. 25/26	No ABF	
Jan 1/2	No ABF	

for more information contact the Adult Ministries Office, 469.698.2260

THE PEOPLE OF
lake pointe
church

701 Interstate 30 • Rockwall, TX 75087

lakepointe.org

